

# Curriculum Intent and Breadth- PE



## PE Intent

At Brook, our children will experience a broad range of sporting activities by developing their knowledge, skills and vocabulary. They will develop life skills such as fairness and respect and improve skills and fitness within the units provided to them each half term. Some of these activities will include; dance, gymnastics, athletics, games and swimming. We are fortunate to have sport coaches, each week, who work with the staff and children to deliver specific subject lessons.

	Autumn Term			Spring Term				Summer Term				
<b>Pre-School</b>	Continue to develop their movement, balancing and riding. Explore one handed tools and equipment			Choose and match their physical skills to tasks and activities. Explore different types of movement. Begin to use and develop one handed tools and equipment with some control.				Begin to collaborate with others and take part in games with other that they have made up themselves or in teams. Use one handed tools and use a comfortable grip with control.				
<b>Reception</b>	Dance: Expressive Arts		Parachute games	<b>Gymnastics</b>		Multi Skills (running, jumping, throwing and catching)		Games Activities (Net/wall, Striking/fielding and Invasion games)		Athletics		
<b>Year 1</b> <b>CPD</b>	<b>Multi Skills</b> (running, jumping, balance, agility, throwing and catching)		Dance : Rhythmic movements	<b>Gymnastics</b>		<b>Multi Skills</b> (Net/wall and Striking/fielding)		<b>Invasion Games</b>		<b>Athletics</b>		
<b>Year 2</b> <b>PPA</b>	Dance: Hakka		<b>Multi-skills</b> (running, jumping, balance, agility, throwing and catching)	<b>Gymnastics</b>		<b>Games</b> (Net/wall and Striking/fielding)		<b>Invasion Games</b>		<b>Athletics</b>		
<b>Year 3</b>	<b>Dodgeball</b>	Hockey	Dance: Bhangra	<b>Football</b>	<b>Gymnastics</b>	Tri-Golf	Volleyball	Basketball	Handball	Tennis	Athletics	Outdoor and Adventurous
<b>Year 4</b>	Dance: Bhangra (CPD)	Swimming	<b>Dodgeball</b>	Swimming	<b>Gymnastics</b>	Swimming	<b>Tennis</b>	Swimming	<b>Rugby</b>	Swimming	<b>Athletics</b>	Swimming
<b>Year 5</b> <b>PPA</b>	<b>Health and Fitness</b>	<b>Tag Rugby</b>	Dance: Breakdance	<b>Netball</b>	<b>Gymnastics</b>	Football	<b>Cricket</b>	<b>Volley Ball</b>	Outdoor and Adventurous	<b>Handball</b>	<b>Rounders</b>	<b>Athletics</b>
<b>Year 6</b>	Health and Fitness	<b>Tag Rugby</b>	Dance: Breakdance (CPD)	<b>Netball</b>	<b>Gymnastics</b>	Tennis	<b>Cricket</b>	Benchball	Outdoor and Adventurous	Basketball	<b>Rounders</b>	Athletics

\***Bold & Italics – links to competitions with Ellowes Hall Partnership**

Highlighted text – taught by Sportplus

\*\*It is suggested each child has two hours of Physical Education each week. Reception have a PE session plus access to physical activities throughout the week and Key Stage One children have an additional PE session where basic skills are taught, eg: catching games, skipping with a rope.